

Urinary Catheter Checklist

Appropriate Indications:

- ☐ Ensure patient meets appropriate indications for catheter use and document reason.
- ☐ Consider alternatives to indwelling urethral catheterization.

Hand Hygiene:

- ☐ Wash hands thoroughly with soap and water or sanitize with an alcohol-based hand rub before and after catheter insertion or manipulation.

Insertion Technique:

- ☐ Use sterile equipment including: sterile gloves, drape, sponges, and appropriate antiseptic solution.
- ☐ Use aseptic technique to insert catheter. If aseptic technique is broken, replace catheter and collecting system aseptically with sterile equipment.
- ☐ Use a single-use packet of lubricant jelly for insertion for each patient.
- ☐ Secure catheter to prevent movement and urethral traction.

Catheter Maintenance:

- ☐ Keep collection bag below level of the bladder at all times.
- ☐ Check tubing frequently for kinking.
- ☐ Keep drainage bag off the floor.
- ☐ Empty the collecting bag regularly.
- ☐ Maintain a closed-drainage system.

Catheter Care:

- ☐ Perform perineal care daily and after each bowel movement.

Catheter Removal:

- ☐ Assess patient daily for catheter need.
- ☐ Take steps to remove catheter when patient no longer meets indications.